

The Park Rehabilitation Centre

Badsley Moor Lane, Rotherham

Public Swimming Sessions

- Full Disabled Access including Chair Lift for Pool
- Qualified Lifeguards ensuring your safety
- Free use of swimming aids for non swimmers
- Ample Free Car Parking
- 10m x 5m Heated Pool with a Maximum Depth of 1.6m
- Constant Pool Temperature 35 °C
- Adults only sessions

Ideally suited to complement the treatment of Arthritic Pain, Muscular and Orthopaedic problems and Sports Injuries by gentle exercise in a warm and friendly environment

Monday	7.00pm – 8.00pm Adult Swim
Tuesday	4.15pm – 5.15pm Adult Swim
	5.15pm – 6.15pm Parent and Child
	7.15pm – 8.15pm Adult Swim
Wednesday	4.30pm – 5.30pm Parent and Child
	5.30pm – 6.30pm Adult Swim
Thursday	5.15pm – 6.15pm Adult Swim
	7.15pm – 8.15pm Ladies Only
Saturday	1.15pm – 2.15pm Adult Swim
	2.15pm – 3.00pm Disabled Swim only
	3.00pm – 4.00pm Ladies Only

Cost: Adult £4.80(all sessions)

Children age 5 – 15yrs £2.40 Under 5's £1.00

Disabled Swim £4.80 including Carer, additional Carer £1.00

Due to the high pool temperature, children under the age of 18 months are not allowed into the pool. For further information on swimming sessions or other facilities available please contact 01709 302323.

For updated information as to whether the pool is open, please contact our automated telephone line on 01709 302308.